



NATIONALLY RECOGNISED  
TRAINING

HLTAID009

# PROVIDE CARDIOPULMONARY RESUSCITATION

**BROCHURE NSW 2021 - WEBINAR**

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# About this Course

This Nationally Recognised course offered by Just Careers Training (RTO ID 91413) trading as Licences 4 Work.

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

A Refresher Option is available for those wanting to refresh/ recertify prior to expiry of a currently held certificate.

## OUTCOME

On successful completion of this course participants will be issued with a Statement of Attainment for: **HLTAID009 - Provide cardiopulmonary resuscitation**

Current industry standard is for this course to be refreshed / updated every 12 months.

## PREREQUISITES

There are no pre-requisites or co-requisites for this competency unit.

For the Advanced Option you must hold a current unexpired certificate for the same course.

## COURSES ON OFFER

**Standard Course** - This option is suitable for those who do not hold a current CPR certificate or have attained their previous certificate more than 12 months ago (calculated at the time of attendance). Please refer to our website for any promotional prices (is on promotion from time to time).

**Advanced / Refresher** - This option is suitable for those who hold a current CPR certificate or have attained their previous certificate more than 12 months ago (calculated at the time of attendance). Please refer to our website for any promotional prices (is on promotion from time to time).



## DELIVERY METHOD

Webinar Mixed Mode

### Part 1

- **For Standard Option** - Pre course training (self-study) and multiple choice questions to be completed before participation in live stream webinar.
- **For Advanced/Refresher** - no pre-course study required – simply bring the original copy of your current unexpired (3 years from date of issue) certificate

### Part 2

For Standard and Advanced Options - Participation in live stream Webinar (Up to half a day) for theory and practical training and online assessments (largely completed during Webinar with trainer)

### Part 3

for Standard and Advanced Options - Attendance for a Completion/Practical session at one of our training centres (booking required, no further fees apply).

# Knowledge and Performance Outcomes

Specifically, you will cover the following skills and knowledge:

## PERFORMANCE

- Following DRSABCD in line with ARC guidelines, including:
- Performing single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor
- Performing single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
- responding appropriately in the event of regurgitation or vomiting
- managing the unconscious breathing casualty
- following single rescue procedure, including rotation of operators with minimal interruptions to compressions
- following the prompts of an automated external defibrillator (AED)
- Responding to at first aid scenario, including:
- demonstrated safe manual handling techniques
- provided an accurate verbal or written report of the incident

## KNOWLEDGE

This includes knowledge of:

- State/Territory regulations, first aid codes of practice and workplace procedures including:
- ARC Guidelines relevant to the provision of CPR
- safe work practices to minimise risks and potential hazards
- infection control principles and procedures, including use of standard precautions
- requirements for currency of skill and knowledge
- Legal, workplace and community considerations, including:
- awareness of potential need for stress-management techniques and available support following an emergency situation
- duty of care requirements
- respectful behaviour towards a casualty
- own skills and limitations
- consent
- privacy and confidentiality requirements
- importance of debriefing
- Considerations when providing CPR, including:
- airway obstruction due to body position
- appropriate duration and cessation of CPR
- appropriate use of an AED
- chain of survival
- standard precautions
- Basic anatomy and physiology relating to:
- how to recognise a person is not breathing normally
- chest
- response/consciousness
- upper airway and effect of positional change

## RE ASSESSMENT, COMPLAINTS AND APPEALS

Our trainers have the experiences, abilities and training to effectively assist you in your course by providing well designed training and assessment. During your training you will receive feedback about your performance including suggestions where required. You will also be informed if you are doing exceptionally well!

During training if you or your trainer feels that you require additional support, then there are options to assist you, i.e. extended duration of your course. After assessment, should your trainer feel that after training you still require further training (due to results of the assessments in your course) or you need to be reassessed (assessment is completed during training) you will be informed of your options. If you fail your assessment, reassessment fees and minimum waiting times also apply to reassessment. We have an effective appeals procedure, which you can find on our website, if you dispute the assessor's findings.

If you have a complaint about the course, our trainer/ assessors or anything else, then we also have an effective complaints procedure, which can also be viewed on our website

## WHERE ARE THE COURSES HELD?

The public Face-to-Face courses and all Completion/ Practical are held at one of our training facilities. Please visit our website for further information about current locations.

If you choose to undertake your course by live stream webinar, you may participate from your home, workplace or anywhere else where there is a reliable internet connection.

You may also arrange for this component of the course to be held in your workplace, school, community centre, etc as long as the venue is suitable. Minimum numbers apply; contact us for further information.

Licences 4 Work can also arrange for training in other locations with sufficient notice and numbers.

## Other important information

### WHAT DO I NEED TO BRING?

#### Live Stream Webinar Courses *including completion session*

All pens, paper, writing material will be provided by Licences 4 Work.

You will only need to attend for your Completion/ Practical Session (up to 2 hours). You will need to bring;

- Your current certificate (Refresher course only)
- Your stories and experiences!
- Your Identification – between your document and cards: Name, Address, DOB, Photo and Signature
- Comfortable clothing – mild physical activity will be required

### IMPORTANT INFORMATION

This course requires that you demonstrate the skills you learn in your training, including performing CPR on a mannequin on the floor. If you feel you may not be able to get onto the ground, or that your physical health will prevent you from demonstrating CPR (sustained pumping activity for between 2-4 minutes) then please contact our office before you book for further information.

### FEES AND CHARGES

Please refer to our website for fees, charges, terms and conditions.

### FURTHER INFORMATION

For further information about this course, please contact Licences 4 Work on (02) 8292 0111 or visit our websites:

[www.licences4work.com.au](http://www.licences4work.com.au)

[www.licences4worknewcastle.com.au](http://www.licences4worknewcastle.com.au)

[www.licences4workbrisbane.com.au](http://www.licences4workbrisbane.com.au)

[www.licences4workperth.com.au](http://www.licences4workperth.com.au)